

# English Plus Programme

This Closed Group programme is tailored to your specific requirements across all aspects of the course - lessons, activities and excursions.

## Sample Timetable



English options - choose from General English, Academic English Skills or English for specific purposes e.g. business, sport, culture and more



These sessions can be tailored to each request such as specific sports coaching, projects & more



All sports and activities & events are led by Personal Best qualified coaches & activity leaders



Excursions - full day with 7 nights or more and half days available during the week on request

WEEK 1	MON	TUE	WED	THU	FRI	SAT
08.00-9.00	BREAKFAST					<div>FULL DAY EXCURSION</div> <div>Based on a 7-night stay</div>
09.00-10.30	ENGLISH OPTION 1	ENGLISH OPTION 1	ENGLISH OPTION 1	ENGLISH OPTION 1	ENGLISH OPTION 1	
10.30-11.00	BREAK					
11.00-12.30	ENGLISH OPTION 2	ENGLISH OPTION 2	ENGLISH OPTION 2	ENGLISH OPTION 2	ENGLISH OPTION 2	
12.30-13.30	LUNCH					
13.30-15.00	SPECIFIC THEME OR ACTIVITY	SPECIFIC THEME OR ACTIVITY	SPECIFIC THEME OR ACTIVITY	SPECIFIC THEME OR ACTIVITY	SPECIFIC THEME OR ACTIVITY	
15.00-15.15	BREAK					
15.15-17.30	SPORTS & ACTIVITIES	SPORTS & ACTIVITIES	SPORTS & ACTIVITIES	SPORTS & ACTIVITIES	SPORTS & ACTIVITIES	
17.30-19.30	DINNER & FREE TIME					
19.30-21.45	ACTIVITIES OR EVENT	ACTIVITIES OR EVENT	ACTIVITIES OR EVENT	ACTIVITIES OR EVENT	ACTIVITIES OR EVENT	